



# UNESSA

*THE FEDERATION OF THE SUPPORT,  
ASSISTANCE AND CARE OF PEOPLE*

# European Projects



# UNESSA and its network of European partners



## The service in brief

13 partner countries

More than 30 European partners

More than 20 European projects (Erasmus+, Interreg, ...)

Member of several European networks: CEC, Mental Health Europe, ...

## INNOVATIONS, PROJECTS, STUDIES DEPARTMENT

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## EUROPE, PROJECTS, INNOVATION DEPARTMENT

Now called Europe, Projects, Innovation, the former Innovation, Projects, Studies department has seen the year 2022 allow for a whole series of actions, both new and in continuity with previous years, notably:

- **Strengthening** the contours of support and collaboration with other sectors.
  - A new **ERASMUS+** project (HMH - Hold My Hand).
  - To share the results of completed projects (Y.Civic, EU.CAP).
- **Include affiliates** in thinking about and discovering the opportunities offered by European programmes.
  - Presentation sessions for affiliates and discovery of project themes (meeting between the Europe, Projects, Innovations Department and PSI centre management, 21 April).
  - Assist affiliates with project applications (ESOPE's project : Forma'SAP).
- **To start organising the exploitation of project outputs** and results as well as initiating the implementation of an approach to valorisation and sharing of experiences and outputs.
  - Set up an **internal dissemination** and information process in collaboration with the communication department.
  - Production of several **newsletters**.
- Building a **window on Europe**:
  - Participation in European conferences/seminars (European Health Summit, Presentation of European programmes, ...)
  - Changing the name of the department (Innovation, Projects, Studies → Europe, Projects, Innovation).
  - Establish the basis for a **UNESSA strategy** for and with Europe.
- Create the framework for **innovative experimentation**:
  - Artificial intelligence at the service of the sectors (partnership between the start-up Comfttech and nursing homes).



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### Project duration

November 2019  
October 2022

### Partners

- Project leader :  
UNESSA
- Associazione  
C'ENTRO (IT)
- GEM TC CORSICA U  
SCONTRU (FR)
- Xano Channel asocia-  
ción para el desarrollo  
comunitario (ES)

### Completed project

More info :

<http://eucap.net>



The general objective of this project is to improve the autonomy of people with mild disabilities, through support towards socio-professional integration in companies.

The project was carried out with the following main missions:

- ▶ To highlight and learn from good practices in Europe, and in the countries of the consortium, in order to promote the long-term socio-professional integration of people with disabilities.
- ▶ To increase the competences of job coaches wishing to train in the support of people with disabilities by creating, testing and disseminating a training and competences reference framework.
- ▶ To increase the attention of public and private, regional, national, and European institutions to the barriers that limit the access and/or the sustainability of people with disabilities in the "classical" labour market.

The project developed a training and competence framework for a specialisation in jobcoach - Accompanist of people with disabilities in the world of work (EQF level 6). This repository can be used as a tool for the creation of certification courses. Different support tools have also been developed in the framework of the project: methodological support, introductory note, interpellation note, good practice manual, ... All the productions of the project are free to access and use on the website [www.eucap.net](http://www.eucap.net)

### Review 2022

- 4 transnational follow-up meetings
- Training-Test for 12 jobcoaches in Valencia (May)
- Local testing in the 4 partner countries
- Creation of 2 videos
- Publication of four newsletters
- Creation of a 'Resources' page on the project website
- Finalisation of the productions: Introductory note, Good practice manual, Training reference framework, Challenge note, Methodological support tool
- Intermediate seminar in Padova on 23 June
- Final conference in Brussels on 13 October





### Project duration

November 2020  
April 2023

### Partners

- Project leader : Shelter (LV)
- UNESSA
- Anziani e non solo (IT)
- BEST (AT)
- Dokuz Eylül Üniversitesi (TR)
- Con Valores Asociación (ES)

Completed project

More info:

<https://socialeconomyproject.com>



The main objective of the "Here - Proximity Social Economy" project, in which UNESSA has joined forces with five other European partners (Austria, Spain, Italy, Latvia and Turkey), is to disseminate and implement a "social circular economy" strategy in disadvantaged neighbourhoods, particularly in an urban context. The European consortium will identify entrepreneurial opportunities in these neighbourhoods (according to needs) and set up social economy enterprises with people excluded from traditional economic networks. These will integrate an adapted training programme and identify potential entrepreneurial opportunities.

Eventually, HERE aims to incubate the projects of 30 entrepreneurs and to develop a MOOC (Massive Open Online Course), an online training course open to all.

### Review 2022

- Transnational meeting in Austria on 10-11 February 2022
- Dissemination event in Belgium on 7 June
- Dissemination event in Turkey on 1 July
- Transnational meeting in Turkey on 29-30 September
- Seminar in Valencia on 3 and 4 November 2022
- End of the business incubation period of the 30 young people





### Serene Sharing for the Future for people in HUNGER of life!

This project, supported by the King Baudouin Foundation, proposes to accompany rest homes and nursing homes in the discovery and promotion of the PSPA (Personalized and Anticipated Care Project), to enable them to better understand the "hunger" and "end" of life of their residents.

PSPA is a "process by which a person, in consultation with their family and carers, formulates goals and choices in advance about how they would like to be cared for if they were no longer able to do so themselves. This process can result in "advance directives".

The PSPA is a substantial document that is sometimes difficult to consider in emergency situations. This is why UNESSA is pursuing a second objective: to work towards the transmission of people's wishes when changing institutions or being cared for in an emergency. To this end, a small, multi-sectoral working group has drawn up a PAVS (anticipated life and care project) that captures the essence of the PSPA and the essential information of the care project of the beneficiary on one double-sided page. This document is a tool for transmitting information from one institution to another, from one care centre to another. In all circumstances, and if the resident is unable to express him/herself, it enables the care staff to ensure that his/her choices are respected.

In the long term, the aim is that the PSPA philosophy (openness to the meaning of existence in a human relationship; dialogue) gradually permeates our establishments. In this way, we believe that we can promote an improvement in the relationship between carer and patient, avoid difficult situations at the end of life, help everyone to think and express themselves about their life course, reduce the emotional suffering of relatives and carers when faced with inextricable situations, and include advance directives in a life story. The aim is to promote "autonomy-in-relationship", i.e., a kind of empowerment of the person, but also of his or her family and loved ones.

#### Review 2022

- Production of didactic material to facilitate the implementation of the PSPA/PAVS (flyers and didactic sheets)
- November: Launch of the Hold My Hand project (European PAVS)

#### Project duration

2020 - 2022

#### Project leader

UNESSA

Completed project



### Project duration

November 2022

October 2024

### Partners

- Project leader :  
UNESSA
- Anziani e non solo (IT)
- Santa Casa da  
Misericórdia  
de Lisboa (PT)
- Elderberry (SE)

The end-of-life support process developed by UNESSA is undergoing significant development. Portuguese, Swedish and Italian structures are joining UNESSA to give its Anticipated Life and Care Project a European scope, via the Hold My hand (MHM) project.

Based on the work of Pallium (the Walloon Brabant palliative care consultation platform), and its Personalised Advance Care Project, UNESSA has developed the PAVS with the support of the King Baudouin Foundation. Centred on the documented and simplified transmission of various elements, this project aims to facilitate exchanges and respect for the wishes of people at the end of life.

Three main key stages of HMH are planned:

1. The elaboration of a synthesis guide integrating: the legal and political frameworks of the partner countries; the material/tools related to the themes of accompaniment and awareness-raising on anticipating end-of-life care.
2. The production of five socio-pedagogical modules responding to the identified needs and following a Lifelong learning approach. They will address different frameworks: "moral and philosophical", "administrative, financial and legal", "sociological", "health/health", as well as a "glossary" module containing useful terms related to the themes of the HMH project.
3. Local events and transnational awareness-raising conferences aimed at developing a culture around the end of life and its support.

### Review 2022

- Kick-off meeting on 6 and 7 December in Brussels
- Preparation of the work on the synthesis guide





### Project duration

May 2020

October 2022

### Partners

- Project leader : UNESSA
- Barka (PL)
- Civitas (RO)
- AFEV (FR)
- Citizens Campus (FR)
- Bleu Blanc Zebre (FR)
- Associazione Cuore Che Vede (IT)
- JST (BE)
- Centre de formation Bonnevie (BE)

Completed project

More info:

<https://ycivic.eu>



Y.Civic is developed in the framework of the Europe for Citizens Programme. This project contributed to the understanding of the European Union, its history and diversity, and to encourage the democratic participation of citizens.

Five transnational seminars were organised around this theme, based on major societal issues: the promotion of citizens' rights, the understanding of democratic issues, citizen involvement and the organisation of civil society, climate and environment, social networks, etc.

Y.Civic aims to promote active citizenship among young people who are not always included in traditional educational structures and institutional education systems. It is therefore necessary to support young people from less privileged areas and at risk of social relegation in their commitment to the common good, and to encourage the emergence of a new generation of citizen leaders around the general interest.

### Review 2022

- 17 January: Joint post-seminar action between the ESOPE and Bonnevie socio-professional integration centres and the Belgian Red Cross in Verviers to help the victims of the bad weather of summer 2021
- 4 and 5 February: Thematic Seminar 2 "Legality and Democracy" in Palermo (Italy)
- 20 and 21 May: Thematic Seminar 3 "Rural Territories" in Poznan (Poland)
- 10 and 11 June: Thematic Seminar 4 "Citizen Engagement" in Marseille (France)
- 29 and 30 September: Thematic Seminar 5 "Promotion of Civil Rights and Media" in Cluj-Napoca (Romania)
- 14 October: Final seminar in Brussels
- Publication of [5 newsletters](#)
- Publication of [5 videos](#)



### Project duration

November 2020  
April 2023

### Partners

- Project leader: IRIPS (FR)
- Elderberry (SE)
- Iasis NGO (GR)
- ITG (FR)
- UNESSA (BE)

Completed project



More info :

<http://login-elearning.eu/fr/>

<http://loginproject.eu/>

The "LOG'IN" project promotes access to inclusive housing for people with disabilities through training for carers (families, relatives, volunteers and professionals).

Together with four other partners from France, Sweden and Greece, UNESSA responds to the needs of different social actors and disabled beneficiaries in the field of inclusive housing.

The objectives of the project were to create an adapted training programme and pedagogical tools to help the target audience to develop their skills and to promote the autonomy of people with disabilities, enabling them to live together in their own environment.

Several tools will be developed: an accompanying guide, an e-learning platform, a toolbox and a collection of educational resources.

### Review 2022

- Transnational meeting on 11 May in Paris
- Creation of the [e-learning](#) platform (IO2)
- October/November: local testing of the project's productions with professionals
- Transnational meeting on 6 December in Paris
- Production of the toolbox (IO3) and the collection of teaching resources (IO4)



iasis



### Project duration

January 2022  
January 2024

### Partners

- Project leader: Make Mothers Matter (BE)
- UNITO (IT)
- SYMPLEXIS (GR)
- ReadLab (GR)
- Accion Familiar (ES)
- Candide (BE)
- UNESSA (BE)

This 24-month project aims to empower parents and childcare professionals in their social role post-pandemic (and in future crises). It targets families from disadvantaged as well as advantaged backgrounds, living or working in urban and/or rural areas. In particular, it focuses on mental health, well-being, children's educational and teaching needs and family ties.

It aims to create original content and tools such as a toolkit on children's mental health and well-being after the pandemic, a set of pedagogical and didactic activities for the home and daily life, a learning guide for adult education staff, a digital learning centre and learning opportunities through non-formal methods and 'peer learning'.

### Review 2022

- Partnership meeting on 17 February in Greece
- Meeting on 4-5 April 2022 in Greece
- Transnational meeting on 24-25 October in Italy



# Howdy Senior – Artificial Intelligence

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UNESSA, through its partnership with the start-up Comftech, is allowing some of its affiliates in the nursing home sector to participate in the testing of the Howdy Senior tool. In the form of a connected textile, worn by residents, it allows nursing home workers to monitor health data in real time, thanks to a system of sending data via Bluetooth. The advantages of such a tool lie in its ease of use, allowing continuous monitoring by the institution and additional protection for the residents.

The start-up Comftech, a spin-off of the University of Milan, is recognised throughout Europe as one of the most innovative start-ups in the health sector. Comftech is committed to social and environmental responsibility and is B Corp certified, a certification granted to companies that meet social and environmental requirements, as well as transparency towards the public. Its ambition, while standing out from the large medical industries, is to provide a targeted and innovative response so that anyone can monitor their vital signs.

The Howdy Senior can measure a whole series of vital parameters: cardiac and respiratory parameters, position and level of activity, analysis of gait and posture, etc. In addition, the innovation lies in the fact that the tool can be used to signal a change in position or a possible fall, allowing a rapid response and reaction from nurses.

In total, no less than 5 institutions are participating in this pilot project. Over a period of 2 months for each participating institution, Comftech will test their tool on residents, while providing regular guidance and support at each stage of the testing.

## Project duration

2022 - 2023

## Partners

- UNESSA
- COMFTECH SRL (IT)
- Home Saint Joseph (Montignies-sur-Sambre), groupe MMI
- Centre Sainte Thérèse (Ciney)
- Les Buissonnets (Saint-Vaast), Jolimont
- Résidence Notre-Dame (Huy), ACIS
- La Chanterelle (Gembloux), ACIS

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## More on our projects

<http://www.unessa.be/Homepage/Projets.aspx>



